

AFM Job Aid for Clinicians

How to send information about a suspect AFM case to Maricopa County Department of Public Health

1

Identify suspected case of AFM: patient with onset of acute flaccid limb weakness

2

Contact the Maricopa County Department of Public Health at (602) 506-6767 when you identify a suspected case of AFM.

SPECIMEN COLLECTION

Collect specimens as close to onset of limb weakness as possible and store as directed (see table on reverse side)



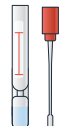
CSF



Serum



Stool



NP swab

Work with the Maricopa County Department of Public Health to coordinate submission of specimens for testing at CDC.

- Specimens should be shipped overnight to arrive at CDC Tuesday through Friday.
- Specimen submission form ([DASH](#)) should be completed for each specimen submitted.

AND

INFORMATION SHARING

Fax copies of the following to the Maricopa County Department of Public Health for sharing with CDC at (602) 372-8935:

- admission and discharge notes
- neurology and infectious disease consult notes
- MRI report
- MRI images
- vaccination history
- laboratory test results



SEND TO

HEALTH DEPARTMENT

Arizona Department of Health Services
Bureau of Laboratory Services
250 N. 17th Ave
Phoenix, AZ 85007





3

Health department completes [AFM Patient Summary Form](#), compiles medical records, and sends information to CDC. Patient will be classified by national AFM experts.

4

After expert review, patient classification is given back to health department and relayed to clinician by health department.

Specimens to collect and send to CDC for testing for AFM PUIs

SAMPLE	AMOUNT	TUBE TYPE	PROCESSING	STORAGE	SHIPPING
CSF	1mL (collect at same time or within 24hrs of serum)	Cryovial 	Spun and CSF removed to cryovial	Freeze at -70°C	Ship on dry ice
Serum	≥0.4mL (collect at same time or within 24 hours of CSF)	Tiger/red top 	Spun and serum removed to tiger/red top.	Freeze at -70°C	Ship on dry ice
Stool	≥1 gram (2 samples collected 24hrs apart)	Sterile container 	n/a	Freeze at -20°C *	Ship on dry ice. Rectal swabs should not be sent in place of stool.
Respiratory (NP)/ Oropharyngeal (OP) swab	1ml (minimum amount)	n/a 	Store in viral transport medium	Freeze at -20°C *	Ship on dry ice

*All specimens may be stored at -70°C for ease of shipping.

Coordinate with Maricopa County Department of Public Health at (602) 506-6767.

For more information:

www.cdc.gov/acute-flaccid-myelitis

National Center for Immunization and Respiratory Diseases (NCIRD)
Division of Viral Diseases